

FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cornelis Jan Pieter

Coaches: Terryen Julien

Coaches: Wibaut Annouck HEADCOACH

Coaches: Meirhaeghe Jens

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 7: 100M BREASTSTROKE MIXED 10-9			Heat:1, starttime: 14:15
Heat: 1/2 Lane : 2 Athlete: WALLEZ ENOAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

Event number: 7: 100M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 14:18
Heat: 2/2 Lane : 7 Athlete: DELEUZE LOTTE			Q-time: 02:29:93
PB (50m pool): 02:29.93 La Louvière 29/11/2025			PB (25m pool): no time SB: 02:29.93 La Louvière 29/11/2025
	5 0 M	1 0 0 M	
PB	01:12.21	02:29.93	
	01:12.21	01:17.72	
	.	.	

Coach feedback:

Event number: 7: 100M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 14:18
Heat: 2/2 Lane : 8 Athlete: SARRAZIN THIBAUT			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:7, starttime: 14:47
Heat: 7/28 Lane : 7 Athlete: GLORIEUX ALEXANDER					Q-time: 02:59:48
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:8, starttime: 14:50
Heat: 8/28 Lane : 5 Athlete: VRAMBOUT MAURICE					Q-time: 02:47:59
PB (50m pool): 02:47.59 Sportoase De Watermolen 29/03/2026 PB (25m pool): no time SB: 02:47.59 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.44	01:24.26	02:08.12	02:47.59	
	00:39.44	00:44.82	00:43.86	00:39.47	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:10, starttime: 14:56
Heat: 10/28 Lane : 8 Athlete: VAN DEN HAUTE EMILE					Q-time: 02:39:04
PB (50m pool): 02:39.04 Sportoase De Watermolen 29/03/2026 PB (25m pool): no time SB: 02:39.04 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.31	01:15.99	01:59.56	02:39.04	
	00:35.31	00:40.68	00:43.57	00:39.48	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:14, starttime: 15:08
Heat: 14/28 Lane : 4 Athlete: VAN DAELE NAND					Q-time: 02:25:00
PB (50m pool): 02:25.00 Lochristi 01/02/2026 PB (25m pool): 02:26.28 SB: 02:25.00 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:08.83	no time	02:25.00	
	no time				
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+				Heat:15, starttime: 15:11	
Heat: 15/28 Lane : 3 Athlete: BONNARENS DRIES				Q-time: 02:24:16	
PB (50m pool): 02:24.16 Lochristi 01/02/2026				PB (25m pool): 02:24.87 SB: 02:24.16 Lochristi 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:09.48	no time	02:24.16	
	no time				
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+				Heat:15, starttime: 15:11	
Heat: 15/28 Lane : 4 Athlete: DE VLIEGER ELIOTT				Q-time: 02:23:64	
PB (50m pool): 02:23.64 Gent 08/02/2026				PB (25m pool): 02:23.85 SB: 02:23.64 Gent 08/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.74	01:10.31	01:48.66	02:23.64	
	00:32.74	00:37.57	00:38.35	00:34.98	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+				Heat:22, starttime: 15:30	
Heat: 22/28 Lane : 3 Athlete: VANDORPE DANTE				Q-time: 02:11:88	
PB (50m pool): 02:11.13 Gent (Rozebroeken) 03/03/2024				PB (25m pool): 02:05.88 SB: 02:11.88 Lochristi 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:11.13	
	no time				
					

Coach feedback:

Event number: 9: 100M FREESTYLE MIXED 10-9			Heat:1, starttime: 15:48		
Heat: 1/2 Lane : 3 Athlete: WALLEZ ENOAN			Q-time: 01:46:69		
PB (50m pool): no time			PB (25m pool): 01:46.69 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

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Event number: 9: 100M FREESTYLE MIXED 10-9				Heat:1, starttime: 15:48
Heat: 1/2 Lane : 5 Athlete: SARRAZIN THIBAUT				Q-time: 01:42:57
PB (50m pool): no time		PB (25m pool): 01:42.57 SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 9: 100M FREESTYLE MIXED 10-9				Heat:1, starttime: 15:48
Heat: 1/2 Lane : 6 Athlete: DELEUZE LOTTE				Q-time: 01:52:27
PB (50m pool): 01:52.27 La Louvière 29/11/2025		PB (25m pool): 01:47.62 SB: 01:52.27 La Louvière 29/11/2025		
	5 0 M	1 0 0 M		
PB	00:54.81	01:52.27		
	00:54.81	00:57.46		
				

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:58
Heat: 2/18 Lane : 7 Athlete: DELEUZE KATO					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 04:19.09 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 16:08
Heat: 4/18 Lane : 8 Athlete: CALLAERT MAËLE					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:19
Heat: 6/18 Lane : 2 Athlete: VANDENHOUCKE ALAÏS					Q-time: 04:22:49
PB (50m pool): 04:22.49 MOUSCRON 29/05/2025					PB (25m pool): 03:52.38 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	01:02.22	02:08.77	03:16.02	04:22.49	
	01:02.22	01:06.55	01:07.25	01:06.47	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:19
Heat: 6/18 Lane : 7 Athlete: DEKEYSER ESTELLE					Q-time: 04:44:63
PB (50m pool): no time					PB (25m pool): 04:18.75 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 16:24
Heat: 7/18 Lane : 5 Athlete: VERHELST LOLA					Q-time: 03:49:32
PB (50m pool): 03:49.32 Antwerpen 13/07/2025					PB (25m pool): 03:54.66 SB: 03:55.21 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.60	01:48.90	02:49.04	03:49.32	
	00:49.60	00:59.30	01:00.14	01:00.28	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 16:37
Heat: 10/18 Lane : 1 Athlete: MERTENS XIANA					Q-time: 03:34:91
PB (50m pool): 03:34.91 Lochristi 01/02/2026					PB (25m pool): 03:30.00 SB: 03:34.91 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:43.04	no time	03:34.91	
	no time				
					

Coach feedback:

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Event number: 10: 200M BREASTSTROKE WOMEN 11+					Heat:14, starttime: 16:52
Heat: 14/18 Lane : 3 Athlete: VAN OOTEGHEM KYANA					Q-time: 03:12:03
PB (50m pool): 03:12.03 Antwerpen 13/07/2025					PB (25m pool): 03:08.35 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.15	01:33.38	02:22.21	03:12.03	
	00:44.15	00:49.23	00:48.83	00:49.82	
					

Coach feedback: